

## Trainingschema VV Berkum seizoen 20/21

| Maandag |       |       |       |       |   | Dinsdag |       |       |       |       |       | Woensdag |   |       |       |       |       | Donderdag |       |       |   |       |       | Vrijdag |       |       |       |       |   |       |       |       |       |       |       |       |   |
|---------|-------|-------|-------|-------|---|---------|-------|-------|-------|-------|-------|----------|---|-------|-------|-------|-------|-----------|-------|-------|---|-------|-------|---------|-------|-------|-------|-------|---|-------|-------|-------|-------|-------|-------|-------|---|
| Tijd    | 1A II | 1A re | 1B II | 1B re | 6 | Tijd    | 1A II | 1A re | 1B II | 1B re | 2A II | 2A re    | 6 | Tijd  | 1A II | 1A re | 1B II | 1B re     | 2A II | 2A re | 6 | Tijd  | 1A II | 1A re   | 1B II | 1B re | 2A II | 2A re | 6 | Tijd  | 1A II | 1A re | 1B II | 1B re | 2A II | 2A re | 6 |
| 16.00   |       |       |       |       |   | 16.00   |       |       |       |       |       |          |   | 16.00 |       |       |       |           |       |       |   | 16.00 |       |         |       |       |       |       |   | 16.00 |       |       |       |       |       |       |   |
| 16.15   |       |       |       |       |   | 16.15   |       |       |       |       |       |          |   | 16.15 |       |       |       |           |       |       |   | 16.15 |       |         |       |       |       |       |   | 16.15 |       |       |       |       |       |       |   |
| 16.30   |       |       |       |       |   | 16.30   |       |       |       |       |       |          |   | 16.30 |       |       |       |           |       |       |   | 16.30 |       |         |       |       |       |       |   | 16.30 |       |       |       |       |       |       |   |
| 16.45   |       |       |       |       |   | 16.45   |       |       |       |       |       |          |   | 16.45 |       |       |       |           |       |       |   | 16.45 |       |         |       |       |       |       |   | 16.45 |       |       |       |       |       |       |   |
| 17.00   |       |       |       |       |   | 17.00   |       |       |       |       |       |          |   | 17.00 |       |       |       |           |       |       |   | 17.00 |       |         |       |       |       |       |   | 17.00 |       |       |       |       |       |       |   |
| 17.15   |       |       |       |       |   | 17.15   |       |       |       |       |       |          |   | 17.15 |       |       |       |           |       |       |   | 17.15 |       |         |       |       |       |       |   | 17.15 |       |       |       |       |       |       |   |
| 17.30   |       |       |       |       |   | 17.30   |       |       |       |       |       |          |   | 17.30 |       |       |       |           |       |       |   | 17.30 |       |         |       |       |       |       |   | 17.30 |       |       |       |       |       |       |   |
| 17.45   |       |       |       |       |   | 17.45   |       |       |       |       |       |          |   | 17.45 |       |       |       |           |       |       |   | 17.45 |       |         |       |       |       |       |   | 17.45 |       |       |       |       |       |       |   |
| 18.00   |       |       |       |       |   | 18.00   |       |       |       |       |       |          |   | 18.00 |       |       |       |           |       |       |   | 18.00 |       |         |       |       |       |       |   | 18.00 |       |       |       |       |       |       |   |
| 18.15   |       |       |       |       |   | 18.15   |       |       |       |       |       |          |   | 18.15 |       |       |       |           |       |       |   | 18.15 |       |         |       |       |       |       |   | 18.15 |       |       |       |       |       |       |   |
| 18.30   |       |       |       |       |   | 18.30   |       |       |       |       |       |          |   | 18.30 |       |       |       |           |       |       |   | 18.30 |       |         |       |       |       |       |   | 18.30 |       |       |       |       |       |       |   |
| 18.45   |       |       |       |       |   | 18.45   |       |       |       |       |       |          |   | 18.45 |       |       |       |           |       |       |   | 18.45 |       |         |       |       |       |       |   | 18.45 |       |       |       |       |       |       |   |
| 19.00   |       |       |       |       |   | 19.00   |       |       |       |       |       |          |   | 19.00 |       |       |       |           |       |       |   | 19.00 |       |         |       |       |       |       |   | 19.00 |       |       |       |       |       |       |   |
| 19.15   |       |       |       |       |   | 19.15   |       |       |       |       |       |          |   | 19.15 |       |       |       |           |       |       |   | 19.15 |       |         |       |       |       |       |   | 19.15 |       |       |       |       |       |       |   |
| 19.30   |       |       |       |       |   | 19.30   |       |       |       |       |       |          |   | 19.30 |       |       |       |           |       |       |   | 19.30 |       |         |       |       |       |       |   | 19.30 |       |       |       |       |       |       |   |
| 19.45   |       |       |       |       |   | 19.45   |       |       |       |       |       |          |   | 19.45 |       |       |       |           |       |       |   | 19.45 |       |         |       |       |       |       |   | 19.45 |       |       |       |       |       |       |   |
| 20.00   |       |       |       |       |   | 20.00   |       |       |       |       |       |          |   | 20.00 |       |       |       |           |       |       |   | 20.00 |       |         |       |       |       |       |   | 20.00 |       |       |       |       |       |       |   |
| 20.15   |       |       |       |       |   | 20.15   |       |       |       |       |       |          |   | 20.15 |       |       |       |           |       |       |   | 20.15 |       |         |       |       |       |       |   | 20.15 |       |       |       |       |       |       |   |
| 20.30   |       |       |       |       |   | 20.30   |       |       |       |       |       |          |   | 20.30 |       |       |       |           |       |       |   | 20.30 |       |         |       |       |       |       |   | 20.30 |       |       |       |       |       |       |   |
| 20.45   |       |       |       |       |   | 20.45   |       |       |       |       |       |          |   | 20.45 |       |       |       |           |       |       |   | 20.45 |       |         |       |       |       |       |   | 20.45 |       |       |       |       |       |       |   |
| 21.00   |       |       |       |       |   | 21.00   |       |       |       |       |       |          |   | 21.00 |       |       |       |           |       |       |   | 21.00 |       |         |       |       |       |       |   | 21.00 |       |       |       |       |       |       |   |
| 21.15   |       |       |       |       |   | 21.15   |       |       |       |       |       |          |   | 21.15 |       |       |       |           |       |       |   | 21.15 |       |         |       |       |       |       |   | 21.15 |       |       |       |       |       |       |   |
| 21.30   |       |       |       |       |   | 21.30   |       |       |       |       |       |          |   | 21.30 |       |       |       |           |       |       |   | 21.30 |       |         |       |       |       |       |   | 21.30 |       |       |       |       |       |       |   |
| 21.45   |       |       |       |       |   | 21.45   |       |       |       |       |       |          |   | 21.45 |       |       |       |           |       |       |   | 21.45 |       |         |       |       |       |       |   | 21.45 |       |       |       |       |       |       |   |

**Algemeen:**  
 De trainingen voor de selectie teams starten aankomende maandag 17 augustus. De overige teams starten op maandag 24 augustus.  
 De kleedkamers worden niet opengesteld tijdens de trainingen ivm COVID. Gekleed in het juiste tenue aankomen op het veld en thuis douchen.

